

The proposal for celebration of International Yoga Day was put in the 69th meeting of United Nations Organization on 27th September, 2014 by Hon. Prime Minister Shri Narendra Modi. Considering the benefits of Yoga, the United Nations organization accepted the proposal and declared 21st June as International Yoga Day.

This University Celebrates International Yoga Day from Its inception i.e. from the year 2015. The university organizes International Yoga Day every year. The training program for students, teachers and administrative staff is organized every year. The training as per standard protocol of AYUSH is given to them for a week. Mass yoga practice is performed on 21st June every year on the open space at university campus in the early morning.

The year wise details of number of person participated in mass yoga practice is as under,

Year	Students	Teachers	Admin staff	Total
2014-15	-	-	-	-
2015-16	4534	105	870	5509
2016-17	5227	105	515	5847
2017-18	5428	105	506	6039
2018-19	4838	72	311	5221

Year 2015-16

The poster features the Indian national emblem at the top left and the Ministry of Health and Family Welfare logo at the top right. The central text reads "આંતરરાષ્ટ્રીય યોગ દિવસ" (International Yoga Day) and "૨૧મી જૂન, ૨૦૧૫" (21st June, 2015). On the left is a portrait of Prime Minister Narendra Modi with the caption "શ્રી નરેન્દ્ર મોદી માનનીય વડાપ્રધાનશ્રી" (Shri. Narendra Modi, Honorable Prime Minister). On the right is a portrait of Union Minister Shri. Manjivendra Patil with the caption "શ્રીમતી આનંદીબેન પટેલ માનનીય મુખ્યમંત્રી, ગુજરાત રાજ્ય" (Shrimati Anandiben Patel, Honorable Chief Minister, Gujarat State). The central image shows a group of women performing various yoga asanas. At the bottom, the logo of Saurashtra University is visible, along with the text "સૌરાષ્ટ્ર યુનિવર્સિટી-રાજકોટ" (Saurashtra University - Rajkot) and "Re-accredited With Grade 'A' by NAAC".



Year 2016-17



Year 2017-18

श्री नरेन्द्रभाई मोदी
प्रधानमंत्री

श्री पियूषभाई गौरी
मुख्यमंत्री

श्री लुपेन्द्रसिंह युडासभा
शिक्षणमंत्री

आंतरराष्ट्रीय
योग दिवस

२१मी जून, २०१७

सौराष्ट्र युनिवर्सिटी, राजकोट.



Year 2018-19

